

K-STATE FIRST INCORPORATING CO-CURRICULAR EVENTS 2023

Co-curricular events have a huge impact on student learning and community building. Students often note that they remember these out of the classroom experiences as the time when they were most able to bond with their peers and connect what they were learning inside the classroom to their lives.

General Guidelines:

For our K-State First CAT Communities and First-Year Seminars, our program requires **three** outside of the classroom co-curricular events. These can range from short field trips to local businesses, theatre performances, lectures, athletic games, or exhibits and tours.

One of these events should **connect to the K-State First Book (KSFb) common book** of the year.

Often KSFb will bring the author and provide a large campus-wide event for all of our classes, but there are also typically a series of engaging faculty/staff lectures and other exciting events related to the book that could be used as well.

One of these events should have a **focus on diversity/equity/inclusion/belonging (DEIB)** as a way to enhance students' understanding of their identities and to prepare them to work with a diverse group of peers at the university and in their future careers. This will help to build students' cultural competency skills and further engage with the intercultural learning initiatives happening across the university. Depending on the common book for the year, that event might also overlap with this category as well.

We also recommend that one event have a more specific **focus on building the community within your class**. Hiking the Konza, escape room puzzling, Challenge Course adventures, attending athletic events, or even something simple like a bowling night gives students the chance to get to know each other better and build up their communication and collaboration skills.

How To Use The Co-Curricular Guide:

Within this guide are our K-State First program expectations and tips for co-curricular events, as well as a detailed list of options available for online, on-campus, and off-campus event planning. If text is **bolded purple** within a description, that means it is a hyperlink, and if you click on it you will be directed to that website, form, or email.

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Funding:

K-State First is typically able to fund one co-curricular event per class at about \$10 per student. This funding is offered on a first-come, first-served basis. Many events on campus are free and sometimes offered virtually. If you do plan on taking your class to an event that costs money, you will need to fill out our **Co-Curricular Event Funding Form** at the beginning of the semester. Also, please keep in mind that food is not an allowable expense.

K-State First is often able to leverage our campus and community connections to find discounts, free admission opportunities, and expedite reservations. We will need at least **two weeks notice before the event** as this will allow us to do things like buy a packet of tickets for an event, reserve a van for travel, or schedule a tour or visit at a facility. Please call our office at 785-532-1501 or email kstatefirst@k-state.edu to work on scheduling, funding, and logistics for your co-curricular events.

There are no free dining passes from Housing & Dining Services this fall. But, for those faculty members who want to eat with their Residential CAT Community in one of the dining halls, we can offer one meal pass this semester, which we will fund from our limited Foundation account. We encourage you to spend time with your students, of course, but we won't be able to pick up the cost for meal passes beyond the first one.

Scheduling:

To make sure the majority of your students are able to attend all three events and to provide us the necessary time for scheduling and reservations, we recommend that you plan your co-curricular events as you prep your course and **include them in your syllabus and schedule**. This gives your students the chance to get the events scheduled into their calendars right away at the beginning of the semester, and if there is a time conflict you can work together to plan a make-up activity with them. On the next few pages you will find a list of events that have already been scheduled that you can use to easily incorporate into your existing syllabus and schedule.

Co-Curricular Reflection:

One of the most powerful learning components of the co-curricular events happens when students are given the opportunity to reflect on the experience together. You can create an assignment with 3-4 reflection questions to gauge the impact on each student individually, and also set aside some class time to discuss their thoughts about the event and connect it more fully to your class outcomes and goals. This integration of the co-curricular event outcomes will help students build a bridge between their academics and lived experiences.

Some example reflection questions could be as follows:

- What is a comment or point that resonated with you during the event? Tell us more...
- One prominent theme of the event was _____. What does this mean to you?
- How did the event help you to understand yourself or your peers more fully?

COVID-19 Considerations

We will continue to follow the **University Guidelines** related to COVID-19 safety. If you need help, please reach out to us at kstatefirst@k-state.edu, and we will be happy to brainstorm and plan with you.

Fall 2023 Events:

Below are events that are sponsored or promoted by K-State First and K-State First Book. Be sure to check our [K-State First events calendar](#) and the [University Calendar](#) periodically for updated information and other upcoming options that might work for your class! Students can also find the events on OrgCentral as well.

K-State First and K-State First Book Signature/Sponsored Events:

New Student Convocation

Your K-State Journey Starts Here - this year's convocation we will hear from many speakers, who will share a voice of a community that is focused on belonging and student success.

Sunday, August 20, 5:00 pm
Bill Snyder Family Stadium

Beach Museum Student Welcome Back Party

K-State Student Welcome Event featuring the 2023 Common Works of Art. Featuring Sumi painting | Visual Thinking Strategy discussions of the Common Works of Art | Video of Roger Shimomura's Memories of Childhood | The Suitcase – an activity based on the relocation experience | Resources and other accounts of life in the camps | Additional materials on Roger Shimomura | Refreshments. Sponsored by the Beach Museum.

Thursday, September 7, 5:30-7:00 pm
Marianna Kistler Beach Museum of Art

Movies on the Grass: *To Be Takei*

“Together with his husband Brad, actor-activist George Takei parlayed his remarkable acting career and wicked sense of humor into a new role as beloved pop-culture icon and Internet phenomenon.” Sponsored by UFM Community Learning Center and MOG.

Sunday, September 10, 8:00 pm
Outside of Hale Library; Rain Location: Town Hall Leadership Studies

Places of Memory

Join APDesign for a panel centered on memorialization, cultural history, and remaking home after disaster. This event serves as the APDPro Kickoff Event (APDesign's professional development program for students) and is open to the entire K-State community. Sponsored by the College of Architecture, Planning, and Design.

September 12, 5:30-6:30 pm
Regnier Hall Forum (1117 Regnier Hall) and Zoom

Movies on the Grass: *Betrayed: Surviving an American Concentration Camp*

“Discover the story of a group of Japanese Americans and their incarceration by the U.S. government during World War II. Through the compelling voices of survivors of Minidoka, a concentration camp in the Idaho desert, *Betrayed* tells a universal story about unjust incarceration and the loss of civil rights.” Sponsored by UFM Community Learning Center and MOG.

Sunday, September 17, 8:00 pm
Outside of Hale Library; Rain Location: Town Hall Leadership Studies



K-State First and K-State First Book Signature Events (cont):

Drawing on Your Power to be an Everyday Peace Builder

Join the Applied Human Sciences department for a panel (4-5pm) focusing on dynamics of being in a multicultural society, understanding trauma people experience traversing between cultures, and empowering people to be an everyday peace builder. Prior to the panel (3-4pm), in Hoffman Lounge in Justin Hall, you are invited to view visual representations of pivotal moments in their lives and/or how they want to be a change agent, enjoy some refreshments, and create your own addition to the visual representation. Sponsored by the College of Health and Human Sciences.

Thursday, September 21, 3:00-5:00 pm
Justin Hall 109

Humanities Kansas presents: Voices of Japanese “War Brides” in Postwar Kansas

Join us as Ayako Mizumura explores “Voices of Japanese ‘War Brides’ in Postwar Kansas,” a presentation and discussion where the community is invited to attend this free program. Sponsored by the Manhattan Library Association and made possible by a grant from Humanities Kansas.

Manhattan Public Library Auditorium
Thursday, September 21, 2023
7:00pm - 8:00pm

Make a Wish - K-State Star Festival

Turn the light of truth on the wrongs/hurts by sharing the hidden stories of wrongs: injustice, discrimination, institutionalized or individual microaggressions, negative stereotypes, lower expectations, and more gathered from our own community. After learning from those stories, the participants will write their wishes on colorful strips of paper and hang them on Tanabata bamboo branch in hopes that our wishes for a better future will come true. We also will learn from others’ perspectives by reading their wishes. Sponsored by the Global Engineer Program, College of Engineering.

September 21-28
College of Engineering Atrium, Hale Library, and the Morrison Family Multicultural Center

Professional Development Workshop: The Foundations of SAFE Zone to Address Belonging

SAFE Zone serves as a foundation for recognizing difference in a non-threatening way while being a launching point for building intercultural relationships. Workshop leader: Dr. Debra Bolton. Sponsored by the Office of Diversity, Equity, Inclusion and Belonging.

Monday, September 25, 2023, 3:00-4:30pm CT
Online - Zoom



K-State First and K-State First Book Signature Events (cont):



Where No Story Has Gone Before: An Evening with George Takei

Author of *They Called Us Enemy*, George Takei, will present along with a short Q&A. Open to current K-State students, faculty, and staff.

Wednesday, September 27, 7 pm

McCain Auditorium and closed-circuit streaming to designated overflow in the K-State Student Union and to select locations on the Salina and Olathe campuses.

Tickets Required - free with K-State ID

Lecture by children's author Ken Mochizuki

A lecture by Ken Mochizuki, author and illustrator for the award-winning *Baseball Saved Us* and other books. Sponsored by College of Education.

October 2023, day/time TBA

Online - Zoom

Movies on the Grass: *A Whale of a Tale*

"The camera delves into the lives of local whalers, global activists and an American journalist in the 'whale and dolphin killing town' of Taiji, Japan, revealing not everything is as black and white as it seems." Sponsored by UFM Community Learning Center and MOG.

Sunday, October 1, 8:00 pm

Outside of Hale Library; Rain Location: Town Hall Leadership Studies

Intercultural and Inclusion Lunch and Learn session

Japanese American faculty will present on aspects of Japanese culture. Sponsored by the College of Veterinary Medicine.

Tuesday, October 10, 12:00-12:50 pm

Behringer Engelheim Auditorium between Mosier and Trotter Hall, College of Veterinary Medicine complex

Zoom (Meeting ID: 936 7344 1625 Passcode: VetMed)

Be sure to snap a pic of your Co-Curricular adventures & send it to us at kstatefirst@k-state.edu or tag us on



@kstatefirst



Wildcat Dialogues

Join all new and first-year K-State students for a night of meaningful dialogue: learn how to create communities of belonging, build cross-cultural relationships through meaningful dialogue, engage in active listening, empathy and perspective-taking, and build your skillset to understand cultural differences and similarities. RSVP **online**.

Wednesday, November 8, 7-9 pm

K-State Student Union



K-State First and K-State First Book Signature Events (cont):

Historical and mathematical influences in the works of Nakamura, Asawa and Obata

Kazuo Nakamura, Ruth Asawa, and Gyo Obata—two artists and an architect—whose lives were shaped by the 1942 Executive Order of Internment. Uniting them in a different way is a thread of math influence on their work. Join us to discover these artists and to explore the ways mathematics intersects with their creations. This is a joint meeting with the **online Arts and Math Seminar** hosted by the Department of Mathematics.

Thursday, November 9, 12:00 pm
Location TBD and Online - Zoom

Diversity, Equity, Inclusion, and Belonging:

Indigenous People's Day

The conference is hosted each year by the Indigenous Faculty & Staff Alliance. Visit www.ksu.edu/indigenous-alliance for more information.

Monday, October 9

KSUnite: A Journey to Justice: Bridging Distances & Differences

KSUnite will be a three-day conference open to our colleagues and communities throughout the state of Kansas and beyond. It provides all members of the K-State community a chance to meaningfully engage and holistically embrace opportunities for respect, civility, and tolerance, and to feel pride in participation as we prepare students for global citizenry.

October 18-20

Division of Student Belonging and Inclusion

The department provides leadership in building an inclusive campus climate that fosters mutual understanding among diverse groups. The office works with deans, department heads, faculty and other key units throughout the university. Check out their **website** for upcoming events.

Ebony Theatre's First Friday

K-State's Ebony Theatre hosts First Friday in the Sandy Chastan Purple Masque lobby on the first Friday of each month during the academic year. The monthly arts-infused social gathering gives a variety of student performers of color a chance to share their work while attendees gather for conversation and refreshments. And, each month a multicultural student organization is honored for their work on campus. First Friday is free and open to the public.

International Student Center Coffee Hours

Coffee Hour is a culturally enriching experience designed to give international students a chance to present their country and culture to others in an open and relaxed setting. Student presenters share their thoughts and feelings on a variety of topics and issues concerning their country's culture, history, and politics and also promotes awareness and discussion among those attending the presentation. Enjoy a cup of coffee and sample traditional cuisine from the presenter's culture. Check their **events page** for details.

Diversity, Equity, Inclusion, and Belonging (cont):

LGBT Resource Center

Supports Lesbian, Gay, Bisexual, and Transgender (LGBT) students, staff, and faculty and allied members of our campus and surrounding communities to be more secure, educated, and productive in their personal and professional surroundings. Check out their [website](#) for upcoming events.

Activities, Exhibits, and Tours:

Beach Museum of Art

They offer tours of the permanent art collection and temporary exhibitions. Schedule tours: 785-532-7718; klwalk@ksu.edu. Explore options for tying the museum in to your curriculum including guided tours, pre-planned gallery activities, bringing your students on your own, extra credit assignments, and attending special events and programs. View a list of upcoming exhibits and events on their [website](#). Some things to keep in mind:

- While the museum is open 10-5 Tuesday, Wednesday, and Friday and 10-8 on Thursday, they do open early for guided tours, and will try to make special arrangements to assist you if you have a class that meets outside of those hours.
- Please try to give them a **four week lead time** – this will increase your chances of their staff being available for your desired time and time to tailor your tour/program. If you do plan to bring a class on your own, let them know the date and time so they may manage the number of larger groups trying to use the space.

Goblin Games and Village Geek Games

Goblin Games is a great spot for to find board games, RPGs, Tabletop Mini Games, and the accessories you need to play! **Village Geek** is a place for gamers of all ages and levels. Both can help teach basic games, organize an event, rent out a space to play, and more!

Konza Prairie Trails

Konza Prairie's **hiking trails** wind through lowland gallery forest, cross Kings Creek, and climb over ancient limestone ledges into the native tallgrass prairie. Enjoy spectacular views with a moderate walk with occasional steep climbs, uneven footing and narrow pathways.

K-State Challenge Course

A challenge course is composed of wood, poles, cables, logs and belaying systems that are used for activities such as ice breakers, group initiatives, and low and/or high element challenges. Explore your options on their [website](#).

K-State Insect Zoo Tours

These sessions have live animal interaction and are led by a member of the Entomology department. Schedule a tour [online](#).

Locked Manhattan

The first **escape room adventure** in Manhattan, Kansas. An hour of fun, challenging, and unique entertainment with an unforgettable story. K-State First classes receive a discount - so be sure to work with our office before making any reservations.



Activities, Exhibits, and Tours (cont):

Sunset Zoo

Looking for a deeper exploration of the natural world? The Education Staff offer a variety of adventures to meet your needs! Schedule 2 weeks ahead and K-State students enjoy **free admission**.

Events, Films, Lectures, Performances, and Readings:

Beach Film Club

Watch films at your leisure in advance and then join the free virtual discussions led by Shannon Skelton, Assistant Professor at K-State School of Music, Theatre and Dance. Email questions to beachart@k-state.edu or sbskelton@k-state.edu.

Career Center

The Career Center designed their events to connect K-State students and employers. **Check their website** for Career Meet-Ups and other event information.

Lafene Health Center - Adulthood 101 Workshops

WellCAT Ambassadors offers a series of Adulthood 101 workshops every fall semester. These workshops are designed to teach K-State students basic life skills that are not often taught in the academic classroom. Check their **website** for the fall lineup.

K-State Athletics

Attend an athletics event together, including football, baseball, basketball, soccer, and volleyball. Events schedule and ticket information available **online**.

K-State Department of English

Connect with visiting writers and speakers. Upcoming events in the series can be found **here**.

K-State Music Theatre and Dance

Attend student performances as they pursue their creative passions and expand and develop their talents to share with others. A full lineup of upcoming performances can be found **here**.

McCain Performance Series

McCain Auditorium is the campus cultural center for the live performing arts. McCain has a rich history of bringing world-class engaging experiences to northeastern Kansas. A full lineup of upcoming performances can be found **here**.

Movies on the Grass

Movies on the Grass offers the campus and community new films that portray current issues in an informal setting. This is a **FREE** film series for the campus and community. Visit the **website** to see the upcoming films.





Events, Films, Lectures, Performances, and Readings (cont):

OrgCentral

OrgCentral is K-State's online student organization management and student engagement platform. Students can explore upcoming events, engage in student organizations, and connect with other students using the platform. All registered student organizations have a group page in the system to manage their organizational operations.

Undergraduate Research and Creative Inquiry SPARK Week

(Students Promoting the Advancement of Research at K-State) A week of campus-wide collaboration celebrating and promoting undergraduate research & creative inquiry. Check out their [website](#) to learn more about the upcoming events.

University-Wide

For additional ideas, explore the [University Calendar](#) to see a list of all upcoming events happening at K-State.

UPC Events

The Union Program Council provides various events and films throughout the year that are free to attend. Check out their [event calendar](#) for more information.

Wildcats Make a Pact - CARE Center

Wildcats Make a Pact is a bystander intervention training that provides participants with the skills to help them intervene safely when they see behavior that puts others at risk for violence, victimization, or perpetration. These include speaking out against rape myths and sexist language, supporting victim/survivors, and intervening in potentially violent situations. Please contact the CARE office directly at (785) 532-6444 or email ksucare@ksu.edu to discuss scheduling Wildcats Make a Pact sessions.

Online Community Building:

Accessibility

Check with your students to make sure they have access to a computer and the internet. If access is an issue, offer resources and alternatives.

Films and Theatre Productions Available for Online Streaming

K-State has a variety of online resources where you can find movies, theatre productions, documentaries, educational videos, and more that are free for you and your students!

- **Swank** – Hollywood, international films, classics and documentaries
- **Kanopy** – art house, Criterion Collection, international films
- **Academic Video Online** – documentaries and educational videos

Visit guides.lib.k-state.edu/streaming_video for a full list of titles available. Fill out the [Video Request Form](#) to access and use them in your classes.

Online Community Building (cont):

General Resources for Online Events (K-State)

- **Anthropology** with Professor Mike Wesch
- **Art** with Professor Shreepad Joglekar
- **Beach Museum of Art - Interactive Tools** - The Beach Museum of Art offers online engagement tools for continued art experiences through the museum's collection.
- **College of Education Documentaries**
- **Landon Lectures** - Video and audio of speakers include Dr. Temple Grandin, Sonia Sotomayor, Vincente Fox, Jesse Jackson, Cokie Roberts, Doris Kearns Goodwin, and many more.
- **School of Music, Theatre, and Dance**

General Resources for Online Events (Beyond K-State)

- **Classical Music**
- Documentaries PBS, Documentarymania, Documentary Heaven
- Galleries and Museums – Virtual Tours
- **Manhattan Public Library** - Hoopla and Libby
- **Open Culture** - Films, Podcasts, Videos, Readings and Lectures
- **PLAYBILL** - Theatre productions
- Podcasts
- **TED Talks**
- Webinars

Hosting a Watch Party

Watch a movie/show together using the **Google Chrome Extension** and have a Netflix Party, or use **another platform** that aligns more with your needs! If you're using Zoom, use the following directions to get started:

- Make sure everyone has a link to your Zoom meeting and set safety measures as host to avoid Zoom bombing.
- When sharing your screen on your desktop, go to the menu at the bottom of your Zoom screen once you're in your video call and hit "Share Screen".
- Be sure to tap on the window that has the event playing.
- Check the boxes "Share sound" and "Optimize for video clip".
- Utilize the chat feature to discuss what's happening and encourage engagement!

Jackbox Games

If someone has purchased **Jackbox**, they can share their screen and allow others to remotely log in to play. As long as everyone can see the screen, they can use their phones to play along.

Talent Show or PowerPoint Party

Explore some of your students' talents and interests in a fun, lighthearted way with a talent show or planned **PowerPoint Party**.

Trivia

Use a **Random Trivia Generator**, or create your own trivia game.

Yoga

Share your screen of a YouTube Yoga (or any workout) class, and get moving together.



Classroom Presentations:

If you are interested in introducing various campus resources to your students but already have planned your three co-curricular outside of the classroom events, you might consider reaching out to incorporate an in-class presentation. The following offices and programs provide various workshops, trainings, and informational sessions.

Academic Achievement Center

Looking for a presentation or workshop on student success resources? **Request a presenter** to cover K-State specific resources as well as academic and life skills information.

Career Center

Your requests for a Career Center presentation should be made at least 2 weeks before your preferred program date. Staff availability is limited for presentations after typical business hours and is best arranged at least a month prior to your requested date. **Request a speaker** for career-related topics.

Career Readiness Curriculum includes the following topics:

- Career Center Overview
- Resumes
- Interviewing
- Salary Negotiation
- Economy/Industry Research
- Other topics may be available by special request but depend on staff availability

Center for Advocacy, Response, and Education (CARE)

The CARE advocates offer a variety of interactive training options designed to engage audiences and offer insight about best-practices from the advocates extensive experience working with survivors of sexual violence, dating violence, domestic violence, stalking, and sexual harassment. If you would like to have someone from CARE give a presentation, facilitate a discussion, or provide prevention education materials, please ksucare@ksu.edu. For preparation and planning purposes, please make your request at least two weeks in advance.

Center for Student Involvement (CSI)

The CSI provides opportunities for students to get connected, engaged, and involved on campus. First-year students may especially be interested in the Cat Trax program, which serves as a roadmap to experiences every K-State student should have, such as joining a student organization, attending campus events and activities, participating in K-State traditions, and much more! **Contact** the CSI to schedule a presentation about student involvement resources, programs and opportunities!

Education Abroad

The Education Abroad Office can customize classroom presentations based on your available time and needs. Presentations can be short 10 minute overviews about study abroad, information about programs for specific majors or fields of study, Q&A sessions with study abroad returnees, or they can be longer presentations by study abroad peer advisors or members of their staff. Complete the information form [here](#) or email overseas@ksu.edu to request a classroom presentation.

Office of Institutional Equity

The Office of Institutional Equity (OIE) is engaged in coordinating K-State's compliance with laws, regulations, executive orders and other applicable policies that uphold our guiding principles. OIE also serves as a resource for the University. Visit the [website](#) for upcoming events and resources for you and your students.

Powercat Financial

Peer financial counselors can provide any student group a financial presentation. **Request a presentation online.** Some of the topics include:

- Creating a spending or savings plan
- How to build good credit
- Understanding student loan repayment, consolidation and refinancing
- Personal financial management overview
- Transitioning into work and understanding benefits

Thrive Navigators - Counseling Services

Thrive Navigators provide evidence-based education, host events, collaborate with other campus and community partners, and serve as role models to encourage fellow K-State students to make well-informed decisions regarding their health and well-being. Request a presentation on their [website](#).

Writing Center

Faculty and staff are integral to the goal of improving student writing. If you would like a short presentation about the Writing Center in your class, or if you would like for them to facilitate a writing workshop, please fill out the [Qualtrics outreach form](#).